

TAEKWON-DO ITF - Nordvestmesterskap 1 / 2024 - VATNE - 2024-03-17					
	Ring 1	Ring 2	Ring 3	Ring 4	
09:15	Registrering - Kadetter 09:15 - 09:45 (00:30)				
09:20					
09:25					
09:30		Dommermøte 09:30 - 10:00 (00:30)			
09:35					
09:40					
09:45					
09:50					
09:55					
10:00	Kadettmesterskap - Mønster / Sparring 10:00 - 12:00 (02:00)	Kadettmesterskap - Mønster / Sparring 10:00 - 12:00 (02:00)	Kadettmesterskap - Mønster / Sparring 10:00 - 12:00 (02:00)		
10:05					
10:10					
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11:40					
11:45					
11:50					
11:55					
12:00	Pause 12:00 - 12:30 (00:30)	Pause 12:00 - 12:30 (00:30)	Pause 12:00 - 12:30 (00:30)		
12:05					
12:10					
12:15					
12:20					
12:25					
12:30	<u>13251 Herre Jr.-1 Mønster 1-3 Dan (2)</u> 12:30 - 12:40	<u>13231 Herre Jr.-1 Mønster 4-1 Gup (21)</u> 12:30 - 13:10	<u>13211 Herre Jr.-1 Mønster 8-5 Gup (7)</u> 12:30 - 12:50		
12:35					
12:40	<u>14251 Herre Jr.-2 Mønster 1-3 Dan (12)</u> 12:40 - 13:20			<u>14231 Herre Jr.-2 Mønster 4-1 Gup (6)</u> 12:50 - 13:05	
12:45					
12:50					
12:55					
13:00					
13:05					
13:10		<u>23211 Dame Jr.-1 Mønster 8-5 Gup (7)</u> 13:10 - 13:30	<u>23231 Dame Jr.-1 Mønster 4-1 Gup (14)</u> 13:05 - 13:40		
13:15					
13:20	<u>24251 Dame Jr.-2 Mønster 1-3 Dan (3)</u> 13:20 - 13:35				
13:25					
13:30		<u>24231 Dame Jr.-2 Mønster 4-1 Gup (6)</u> 13:30 - 13:45			
13:35					
13:40	<u>13011 Herre Jr.-1 Sparring</u> <u>8-5 Gup -165 cm (6)</u> 13:40 - 14:00	<u>13012 Herre Jr.-1 Sparring</u> <u>8-5 Gup +165 cm (3)</u> 13:45 - 14:00	<u>13041 Herre Jr.-1 Sparring</u> <u>4-1 Gup -165 cm (9)</u> 13:40 - 14:05		
13:45					
13:50					
13:55					
14:00	<u>14146 Herre Jr.-2 Sparring</u> <u>4-1 Gup 70-75 kg (3)</u> 14:00 - 14:10	<u>13042 Herre Jr.-1 Sparring</u> <u>4-1 Gup +165 cm (15)</u> 14:00 - 14:35	<u>14170 Herre Jr.-2 Sparring</u> <u>1-3 Dan -70 kg (9)</u> 14:05 - 14:25	<u>19491 Herre Alle Jr. Spes.Tek</u> <u>Alle Grader +165 cm (15)</u> 14:05 - 14:25	
14:05					
14:10					
14:15	<u>14147 Herre Jr.-2 Sparring</u> <u>4-1 Gup +75 kg (5)</u> 14:10 - 14:25				
14:20					
14:25	<u>14177 Herre Jr.-2 Sparring</u> <u>1-3 Dan +75 kg (4)</u> 14:25 - 14:40		<u>24140 Dame Jr.-2 Sparring</u> <u>4-1 Gup -61 kg (3)</u> 14:25 - 14:40	<u>19490 Herre Alle Jr. Spes.Tek</u> <u>Alle Grader -165 cm (3)</u> 14:25 - 14:40	
14:30					
14:35		<u>23041 Dame Jr.-1 Sparring</u> <u>4-1 Gup -160 cm (2)</u>			
14:40	<u>23011 Dame Jr.-1 Sparring</u> <u>8-5 Gup -160 cm (3)</u> 14:40 - 14:55	<u>23042 Dame Jr.-1 Sparring</u> <u>4-1 Gup +160 cm (7)</u> 14:40 - 14:55	<u>24177 Dame Jr.-2 Sparring</u> <u>1-3 Dan +65 kg (3)</u> 14:40 - 14:55	<u>29491 Dame Alle Jr. Spes.Tek.</u> <u>Alle Grader +160 cm (6)</u> 14:40 - 15:00	
14:45					
14:50					
14:55					
15:00	<u>15251 Herre Sr. Mønster 1-3 Dan (6)</u> 15:00 - 15:30	<u>17251 Herre Veteran</u> <u>Mønster 1-3 Dan (2)</u> 15:00 - 15:10	<u>28211 Dame Sr./Veteran</u> <u>Mønster 8-5 Gup (2)</u>	<u>29490 Dame Alle Jr. Spes.Tek.</u> <u>Alle Grader -160 cm (3)</u> 15:00 - 15:15	
15:05			<u>28231 Dame Sr./Veteran</u> <u>Mønster 4-1 Gup (2)</u>		
15:10		<u>25251 Dame Sr. Mønster 1-3 Dan (4)</u> 15:10 - 15:30	<u>18211 Herre Sr./Veteran</u> <u>Mønster 8-5 Gup (4)</u> 15:10 - 15:20		
15:15					

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	Ring 1	Ring 2	Ring 3	Ring 4
15:20			18231 Herre Sr./Veteran Mønster 4-1 Gup (12) 15:20 - 15:45	
15:25				
15:30	27251 Dame Veteran Mønster 1-3 Dan (2) 15:30 - 15:40			28490 Dame Sr./Veteran Spes.Tek. Alle Grader (1)
15:35			17144 Herre Veteran Sparring 4-1 Gup +84 kg (5) 15:45 - 16:05	28392 Dame Sr./Veteran Knusing 2-1 Gup - 1-3 Dan (3) 15:35 - 15:50
15:40	15118 Herre Sr. Sparring 8-5 Gup +75 kg (2) 15:40 - 15:50	25174 Dame Sr. Sparring 1-3 Dan 60-65 kg (2) 15:45 - 15:55		
15:45		25178 Dame Sr. Sparring 1-3 Dan +65 kg (2) 15:55 - 16:05		18490 Herre Sr./Veteran Spes.Tek. Alle Grader (3) 15:50 - 16:05
15:50	15140 Herre Sr. Sparring 4-1 Gup -69 kg (3) 15:50 - 16:05			
15:55				
16:00				
16:05	17173 Herre Veteran Sparring 1-3 Dan 76-84 kg (2) 16:05 - 16:15	15148 Herre Sr. Sparring 4-1 Gup +75 kg (3) 16:05 - 16:20	15178 Herre Sr. Sparring 1-3 Dan +75 kg (4) 16:05 - 16:25	18392 Herre Sr./Veteran Knusing 2-1 Gup - 1-3 Dan (6) 16:05 - 16:25
16:10				
16:15				
16:20				